



Collaborative Virtual Breakfast

Re-igniting the spark and finding joy in our teams

Thursday 14th October 2021

9.15 - 10.30 am

Hosted on Zoom



hidden strengths learning

COLLABORATION | PERFORMANCE | TRUST

rpft

Changing mind-sets. Creating Leaders.

Food for thought



A record number of employees are quitting or thinking about doing so. Organizations that take the time to learn why—and act thoughtfully—will have an edge in attracting and retaining talent. <https://www.mckinsey.com/business-functions/organization/our-insights/great-attrition-or-great-attraction-the-choice-is-yours?cid=eml-app>

Rebecca Newton outlines four ways she recommends to get your joy back at work starting right now. <https://hbr.org/amp/2021/09/rediscover-joy-at-work>

Neuroscientists and behavioural experts explain why many of us are finding it hard to think clearly [Brain fog: how trauma, uncertainty and isolation have affected our minds and memory](#)

Nike has given its head office employees in the US a week off to “destress” and recover from the pressures of the Covid-19 pandemic. [Nike gives head office staff a week off for mental health break](#)

This article suggests that “Applied in a corporate setting, the very idea of empathy begins to fall apart.” [Why Workplace Empathy Won't Keep Employees Happy | Time](#)

Simon Sinek explores how an organisation can run more effectively when its leaders use Empathy. [Simon Sinek - Empathy](#)

This article published in the FT in April 2020 it is just as relevant if not even more so, now. [Arundhati Roy: 'The pandemic is a portal' | Free to read](#)

Employers are ready to get back to significant in-person presence. Employees aren't. [Getting real about hybrid work](#)